

# The Aviator

JULY 2012

ISSUE 14

MCAS WEBSITE

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## Message from the Commanding Officer



Last month we said farewell to Col Mike and Tara Lawrence as he turned over command and retired from 27 years of honorable service— The Air Station Family will certainly miss their engaging leadership but they will remain a part of the extended MCAS Family. I am privileged to assume the Air Station Command and pledge to lead and care for our Marines as my foremost priority. I have been extremely impressed with the cohesion and focus of the Air Station Marines; active duty, reserve and civilian. This Family truly cares about providing the best possible support to our tenant and transient units and they are genuinely engaged in the professional and personal development of our Marines which is unique in such a diverse organization. I intend to nurture and promote our MCAS Family/Team commitment by providing them the resources they need to succeed. In a future of shrinking resources and growing constraints it will take a team effort to manage our priorities and fight to support our collective requirements. That team effort includes our extended Marine Family because without your support your Marine and our Team cannot be successful. I know many of you are busy with full-time jobs of your own whether at home or the office and the demands of a Marine Family can be challenging—together we will ensure the success of your Marine. To assist us all, we have a terrific Family Readiness Officer, Ms. Sonette "Sony" Avalos. I encourage you to contact Sony for guidance of resources available to you or to volunteer to assist when/where you have time. We will be scheduling several social events throughout the year and could use your help. I'm looking forward to meeting you all at our first event will be our summer Beach Blast on Saturday, 18 August—See you there!

Semper Fi

Col Lawrence Killmeier  
Commanding Officer  
MCAS Camp Pendleton

### Numbers to know

Staff Duty Officer	(760) 763-1154
Chaplain	(760) 763-8987
Family Readiness Officer	(760) 725-0393
CIV Admin	(760) 763-1604



# H&HS Update



My first month has gone by quickly and it has been a great opportunity for me to meet hundreds of phenomenal Marines. We are well into summer and so far it seems the Marines of the Air Station have taken the safety training to heart. With minor exceptions, we have not had any mishaps on or off duty. Cumulatively, we have taken hundreds of days of leave, driven thousands of miles and participated in countless summer activities. My thanks goes out first to the Marines and their families who are applying Risk Management to their daily lives and then to the leadership within the Departments.

Like my Command Philosophy (Purpose Driven, People Centered and Performance Based) that I discussed last month, my Safety Policy is also very simple but critical. It is not just the Marines that need to think about the following; it is also the families.

My Safety Policy is threefold:

### **Synonymous:**

Safety and readiness are synonymous. This statement could not be more true as the Marine Corps is engaged in the Long War. Every Marine, Sailor and Civilian, every piece of equipment and every bit of time is needed to sustain the Corps to win the war. We cannot afford the loss of a Marine, a Sailor, Civilian Marine, a piece of equipment or a single minute to careless action. When we are safety minded, the force is preserved and ready to fight. H&HS will be safe and ready.

### **Supervision:**

A supervisor is defined as someone who oversees others during execution or performance; one who has oversight and direction. In the area of safety, everyone in H&HS is a safety supervisor. I empower anyone regardless of rank and experience to take charge and stop a situation that will injure anyone or destroy our property. Being safety minded is not a duty for the weak at heart. It is not for sissies. We are Marines who possess the fortitude to execute our duty. Being a safety officer is your assigned duty in H&HS.

### **Smart:**

Bottom line: Be smart. Whether after an aviation mishap where aircraft lives were lost, or a ground mishap where a Marine sprains his ankle playing basketball with improper footwear, the survivors of those mishaps when asked what happened most often will sadly admit, "We just weren't being smart. We didn't make smart decisions." Identifying and assessing hazards, making decisions about risk, implementing controls, and supervising enables smart decisions. H&HS will make smart decisions at work and at home.

These three simple S's, if followed, will preclude 99% of our mishaps. It is our duty to our Corps family and families at home.

Again, I am happy to be here serving the Marines, Sailors and Civilians of MCAS Camp Pendleton.

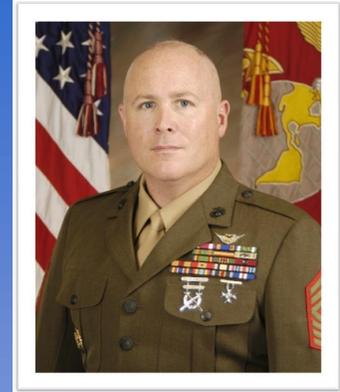
Semper Fidelis,

LtCol J. J. Toth  
Commanding Officer  
Headquarters and Headquarters Squadron  
MCAS Camp Pendleton





## From the Air Station SgtMaj



Situational awareness is as simple as noticing when something is wrong, and acting on it. Lately I've seen a rash of highly inappropriate bumper stickers and decals on base. One had six inch letters with the "F" word. I wonder why no one had seen the sticker before, or had seen it and failed to correct the individual. When did this type of childish humor become acceptable? Marines, we fight for our Constitution and free speech. But as Marines we are subject to the UCMJ and there is a limit. No offensive or profane pictures or sayings should be on your vehicle. If you can't wear it on a t-shirt, don't put it on your car. What do you think the public's perception of the Marine Corps is after seeing this type of garbage? Every Marine should notice when something isn't right, and I expect them to correct when possible. If you are in traffic, simply jot down the license plate and I'll take it from there. Let's keep our honor clean, and our maturity intact.

Keep doing what you're doing, and watching out for each other. We take care of each other on liberty just as we do on the battlefield.

Semper Fidelis,

SgtMaj Miller





# Chaplain's Deep Thought 70



There's a Boy in the Girl's Bathroom!  
By Chaplain Hayes



760-846-3792



760-763-8987

## MCAS BIBLE STUDY

**When:** Every Thursday at 1145-1245

**Where:** in building 2399 Room 101

All are welcome.

*No experience necessary.* I will even bring you a bible...and maybe even a banana.

## CAMP PENDLETON RELIGIOUS SERVICES SCHEDULE:

### Marine Memorial Chapel:

Main Side building 1161

Catholic Mass: Mon.-Thurs. 1140

Sunday Mass: 0800 and 1100

Protestant Service Sundays at 0930

### Ranch House:

24 area building 24150

Catholic Mass: Friday 1140

Lutheran service: Sunday 1000

### Blinder Memorial Chapel:

South Mesa building 202863

Islamic Prayer: Friday at 1200

Eastern Orthodox: Sunday 0900

Contemporary Christian: Sunday 0900

Catholic Mass: Sunday 1030

Gospel Tradition: Sunday 1145



Have you ever done something so embarrassingly wrong that you felt like you couldn't tell a soul? I think this was the case with my oldest son the other day. (When he gets older he is going to shoot me.) We recently had a church picnic for Marine Memorial Chapel. The picnic was at Lake O'Neil and at one point my son had come up to me to tell me that he really had to go to the bathroom. I showed him where the bathrooms were, and as soon as I showed him where to go I had to leave to return some bouncy equipment. So I left Becca and the kids at the lake. Later my wife recounted to me how Parker came back from the bathroom with a very sheepish look on his face.

Becca said that he had a hard time telling his story. He was in the bathroom, he had just finished his business, and he had started washing his hands. The next thing he knew a girl walked in! She stared at him. He stared at her. They both had a look of bewilderment and they were both embarrassed. He had used the wrong bathroom! One would think he had seen a ghost when he came back from that experience. As he was telling his story he truly believed that he was the only one who had ever made that mistake before. He had no idea that while his dad was in Seminary he had done the same thing! The cafeteria personnel at Grace College and Seminary had pulled a fast one on me. They switched the bathrooms around. What once was the boy's bathroom had been changed to the girl's bathroom. I imagine I had the same look on my face as my son did when a female college student walked in on me while I was washing my hands. You would think I would have caught on when I noticed they had changed the wall paper to flowers and butterflies.

In any case, we often think that the mistakes we make must remain hidden. We think no one else can relate to our goof ups. Our problems are just too embarrassing to share. Unfortunately this attitude can sometimes keep us from getting help when we need it. Maybe we have made a mistake that requires expertise to fix. Maybe the mistake has done damage to our self or to someone else. In such cases we need to swallow our pride and seek help. Don't be that guy that hides a problem to save face. Problems tend to only get worse when we cover them up. Have you ever walked into the wrong bathroom? If you need to talk, I'm here for you.

Quotes:

Mistakes are always forgivable, if one has the courage to admit them.

**Bruce Lee**

Mistakes are, after all, the foundations of truth, and if a man does not know what a thing is, it is at least an increase in knowledge if he knows what it is not.

**Carl Jung**



# If you want to KNOW, ask the FRO!

## Contact InFROmation

[Sonette.d.avalos1@usmc.mil](mailto:Sonette.d.avalos1@usmc.mil)

Bldg 23123  
760-725-0393 office  
760-846-3794 cell

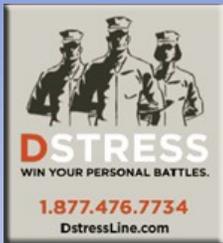
## MCAS NUMBERS

MCAS Staff Duty Officer  
760-763-1154/ 760-201-5671

MCAS Provost Marshal  
760-725-1921

MCAS Eagle Eyes  
760-725-1921

\*To Report Suspicious Activity\*



## GREETINGS!

Marines, Sailors, Families & Friends—we have A LOT planned over the next few months, please don't forget to check the MCAS Facebook page and eMarine page to get the latest and greatest info!

## Important Dates To Remember:

August 2 Town Hall (flyer on page 13)  
August 18 Beach Blast (flyer on page 14)  
August 28 Zumba Party (flyer on page 15)  
September 19—Free trip to Paramount Pictures Hollywood to view 2 tapings of Dr. Phil! Mark your calendar, RSVP will be required.

Remember, if you have a question, NEVER hesitate to ask! As always, it is a pleasure serving the Personnel and Families of MCAS Camp Pendleton.

MOTIVATE!  
-FRO

## Special Thanks to:

McKenna Wade  
and the great folks at  
Great Oak for their  
support of the  
MCAS Food Pantry!  
:)

## GET WITH THE FRO-GRAM!

Are YOU looking to volunteer? Did you know that there are various volunteer opportunities within the Family Readiness Program? Contact your favorite FRO for more details! (yes, I am your favorite FRO) Sony Avalos 760-725-0393 or [Sonette.d.avalos1@usmc.mil](mailto:Sonette.d.avalos1@usmc.mil)

## VOLUNTEERS NEEDED! Check out the link below to sign up:

[www.SignUpGenius.com/go/4090D4EAEA82FA46-2012](http://www.SignUpGenius.com/go/4090D4EAEA82FA46-2012)

Have you signed up for eMarine? If not you are missing out on valuable information and promotions. Click on the icon to the left of this message to start your subscription today! If you need assistance getting started please feel free to contact my office anytime. Who knows, there may be an incentive for your subscription ;)

## FRO TERMINOLOGY:

**FROtivated**—Motivated in support/because of Family Readiness.

**FROyota**—Name of the FRO's vehicle

Thanks for the input, Marines. Got more FRO Terminology you'd like to add?? Email me!



# PRESENTING PUBLIC WORKS

## Top 10 Ways to Reduce Electricity this Summer

Forecast calls for a hot summer and the San Onofre nuclear power plant is expected to be non-operational. As a result, we all need to do our part in reducing electricity use to avoid blackouts or brownouts. Here are 10 simple things that can make a big difference:

1. In the morning, only turn on the lights in active working areas, not all of them. At the end of the day, shut them off as areas of the building become unoccupied.
2. Shut off lights when you leave your office or work area. Shut off lights when leaving break rooms or conference rooms.
3. Use low settings on lights if there is A-B switching.
4. Where natural light is provided by skylights or windows, switch off portions or all of overhead lighting.
5. Computers:
  - Shut down computers nightly. NMCI can remotely turn them on for updates.
  - Shut off monitors when leaving your desk.
  - Shut off printers and copiers when not in use.
6. Air Compressors (major electricity users):
  - Check for leaks and repair regularly. A 1/16<sup>th</sup> leak in an air compressor can waste as much electricity as used by a house.
  - Shut off nightly or when not in use for an extended amount of time.
7. Keep doors and windows shut in air-conditioned spaces.
8. Keep refrigerators at least 6 inches from the wall so air can circulate behind it.
9. Where multiple refrigerators are in use, if possible, combine contents and shut off one. Consider replacing an old refrigerator with a new Energy Star model (rebates available from SDG&E).
10. Report malfunctioning equipment (like photocells on lights) or any other energy waste or ideas to Jim Perkins, Resource Efficiency Manager, MCAS Public Works – [james.perkins1.ctr@usmc.mil](mailto:james.perkins1.ctr@usmc.mil) / 725-0394.



# SAFETY SENDS.....

## Safe Summer = Fun Summer

Whether home or on vacation, it is always important to keep safety in mind when children are in or near water.

Drowning can happen at any time of year, but be especially cautious during the summer months when drowning incidents can increase up to 89% as compared to the rest of the year.



### POOL SAFETY TIPS

- Teach children not to play or swim near pool or spa drains.
- Always watch children when they are in or near water.
- When you are watching children, don't be distracted by phone calls, text messages, reading or talking to others.
- Watch children even if they know how to swim.
- Children who can't swim or can't swim well should be within your reach.
- Keep a phone near you – use it only to call for help if there is an emergency.
- If a child is missing, check the water first.
- Learn how to use rescue equipment.
- Learn CPR

### BEACH SAFETY

- Always watch children when they are in or near water
- Watch children even if they know how to swim.
- Keep an eye on the weather, waves and currents.
- Learn how to swim out of a rip current.
- Teach children never to swim alone and only to swim in designated swimming areas.
- Teach children that swimming in open water is not the same as swimming in a pool. Teach them about uneven surfaces, river currents, ocean undertow and changing weather.



## FROM EXPLOSIVE SAFETY OFFICER- 'MASTER LUKE'

Most gunshot injuries happen after kids discover loaded guns at home. In the United States, there is great debate over gun control. No one seems to agree on who should be allowed to own guns and under what conditions. But experts on all sides believe that keeping a gun in the house is a serious decision, and the gun must be kept locked up where kids can't get to it. You can tell your parents that Project ChildSafe ([www.projectchildsafe.org](http://www.projectchildsafe.org)) provides free gun locks at special fairs and they also can be picked up at your local police department.

If you come across a gun at home, you may be tempted to check it out — but DON'T! Eddie Eagle, a program sponsored by the National Rifle Association (NRA), teaches kids what to do when they come across a gun:



**STOP!**

**Don't Touch.**

**Leave the Area.**

**Tell an Adult.**

Not touching the gun is very important, but don't forget to also leave the area and tell an adult. By leaving the area you can keep yourself safe in case someone else decides to touch the gun before an adult can remove it. Remember, a baby sister or brother may be strong enough to pull a trigger!



# H&HS ATC

As we put the month of June behind us, the Air Traffic Control Marines eagerly look forward to the month of July. The Marines of ATC continue to set the bar high as they look back at the last month having accomplished and contributed to several outstanding achievements.

June was another busy month for the Air Traffic Control Section. The Marines worked very hard at maintaining their superb track record of performance and results. Our crews trained hard and the result of that training was 9 new qualifications on various positions. The annual training requirements of rifle/pistol range, swim qualification remain a focus for completion. As Combat Fitness Test season rolls in on us, the facility will now shift its focus to the combat fitness test and look to maintain the same level of fitness standards.

The facility nominated Corporal Barzelatto for Marine Corps Installations West Air Traffic Controller of the Quarter and Sergeant Schlumpberger was nominated for the William A. Parenteau Memorial Award through the Air Traffic Control Association. This award recognizes individuals for outstanding achievement or contribution during the previous year which added to the quality, safety, or efficiency of air traffic control. Their hard work set them apart from their peers and we congratulate them on a job well done!

The new radar chief, SSgt Garrison is taking the bull by the horns already. During his first month as the branch chief, the radar department certified two new Marines as air traffic controllers. Those Marines are now designated as 7257 Air Traffic Controllers, which is no small feat. They will now move on to major qualifications in the facility. Congratulations to those Marines. In addition to the two 7257 designations, radar also welcomes a new major qualification on the arrival departure position; awarding a 7253 rating which is a major accomplishment for that Marine.

Sergeant Schlumpberger also completed his first full month as the ATC Tower Branch Chief and has already accomplished some very good things. He is the only Non-Commissioned Officer in this facility to hold such a prestigious billet as it is normally filled by a senior SNCO. During his first month as the branch chief, the tower branch certified Sgt Fulmer as a Tower Local Controller designating him as a 7252. ATC continues its impressive showing as Gunnery Sergeant Richie was chosen to fill in for the H&HS Squadron Sergeant Major for three weeks.

## Qualifications/Designations:

Cpl Pruner (ADC)	LCpl McFarland (RFD)	Sgt Noceda (RFD)
GySgtMaj Riche (RFD)	Sgt Cramer (RFC)	GySgt Falk (RFC)
Sgt Fulmer (TLC)	LCpl Tucker (TFD)	LCpl Sisk (TFD)

**Legend:**

<b>ADC (Arrival/Departure Control)</b>	<b>TLC (Tower Local Control)</b>
<b>RFD (Radar Flight Data)</b>	<b>TFD (Tower Flight Data)</b>
<b>RFC (Radar Final Control)</b>	<b>GND (Ground Control)</b>



# What's going on in GEMD

## OVER THE HILL AND BACK AGAIN

After 26 years of faithful service and insurmountable leadership, the Marine Corps says farewell to Master Sergeant Michael K Hill. High in the hills overlooking the Air Station, MSgt Hill's family and friends, coworkers and subordinates alike came together to commemorate and celebrate his career in an Old Glory Retirement Ceremony. As the flag passed from one Marine to another, an emotional MSgt reflected on his years in the Corps. In his 26 years of service, he deployed twice in support of Operation Iraqi Freedom. He also served in the artillery MOS and in the Amphibious Assault MOS then ending his run as the Maintenance Chief for GEMD here at MCAS Camp Pendleton. Upon his retirement, MSgt Hill will be rejoining GEMD as Mr. Hill, as a GS-11 electronics technician left by Mr. Charles Medlock in March. Welcome Aboard again Mike!!!



GEMD says farewell to another Marine this month. On 29 June, GEMD Marines convened at Dave and Buster's to say goodbye to Sergeant Philip C Matanane, as he turns in his cammies in favor of jeans and a t-shirt. In the 2 years aboard Camp Pendleton, Sgt Matanane has served as the RADAR Work center Supervisor and led his junior Marines. He and family will be relocating to Fort Huachuca Army Base. He will be filling the role of an Avionics technician.

On 2 June, GEMD Marines proved they had what it takes to face the World Famous Mudrun head on. Team Phil, made up of Sgt Matanane and Cpls Gonzalez-Betancourt, Rojas, and Sonnack, finished the race in 16<sup>th</sup> place for the day and 42<sup>nd</sup> overall. Cpl McCullough and Sgt Raybon ran Active Duty Male individual ages 18-24 division, placing 1<sup>st</sup> and 2<sup>nd</sup> for the day. They were also joined by Cpl McCullough's wife, Meghan, who placed 28<sup>th</sup> in the Women's 20-24 division.



Congratulations are in order to the family of Cpl Steven Withrow. He and his wife, Brittany, welcomed a bouncing baby boy to their family on 6 June. Steven Michael Hatfield Withrow III was born at 0710 at the Naval Hospital. Steven weighed in at 5 lbs 3 oz and was 18 inches long. Both the mother and child are healthy and made it safely home.



# What's up in Weather

During the month of June, the Camp Pendleton Weather Office combined with MACS-1 Det A to bring the Annual METOC Softball Trophy back to Camp Pendleton! The trophy has not been here since 2001. Late in June the Weather Office welcomed our newest Weather Forecaster, Lance Corporal Tomasz Knasiak and his wife Bora. The last day for Gunnery Sergeant Thomas Reyes will be July 31, 2012. Gunnery Sergeant Reyes will be taking his talents to Okinawa, Japan! Farewell Gunny!

The average high temperature during the month of June was 74.4°F and the average low temperature was 55.5°F. The warmest temperature of the month was 81°F (June 26<sup>th</sup>) and the coldest temperature of the month was 46°F (the morning of June 27<sup>th</sup>). We received 0.00" of precipitation for the month. The average high temperature for the month of July is 79°F and the average low temperature is 62°F. The warmest day ever in July was 111°F and the coldest 46°F. The average precipitation amount is 0.1". With the temperatures increasing, we need to start paying attention to flag conditions. Remember that when you see a green, yellow, red or black flag waving, please refer to Marine Corps Order 6200.1E and follow all safety procedures.



# PROMOTIONS & AWARDS



TO CPL:

LCPL BERRY (FUELS)



LEGION OF MERIT  
COL LAWRENCE (ADJU)



TO LCPL:

PFC NERZIG (ARFF)  
PFC ESCOBEDO (ATCF)  
PFC HOVIS (ATCF)  
PFC JONES (ORDN)  
PFC RICHIE (HQS4)  
PFC SANCHEZ (ARFF)  
PFC SANTIAGO (ARFF)  
PFC SPARKS (ARFF)

MERITORIOUS SERVICE MEDAL  
MSGT HILL (GEMD)



OUTSTANDING VOLUNTEER  
SERVICE MEDAL  
SSGT ELDER (GEMD)



## CERTIFICATE OF COMMENDATION

**GOOD CONDUCT MEDAL :**  
FIRST AWARD:  
LCPL ALVARADO (FIRST AWARD) (ARFF)  
CPL BERRIOSCOLON (FIRST AWARD) (ARFF)  
LCPL DIAZ (FIRST AWARD) (ARFF)  
CPL EADES (FIRST AWARD) (TRNG)  
CPL EADES (FIRST AWARD) (HQS4)  
LCPL HERMANN (FIRST AWARD) (HQS4)  
CPL JARVISON (FIRST AWARD) (FUEL)  
CPL MYERS (FIRST AWARD) (HQS4)  
CPL PAVLOVICH (FIRST AWARD) (FUEL)  
CPL PERALTA (FIRST AWARD) (ARFF)  
CPL WEAVER (FIRST AWARD) (FUEL)  
  
LCPL SIMON (SECOND AWARD) (HZMT)  
  
SSGT LAYTON (THIRD AWARD) (ATCF)



SGT KROM (ARFF)  
CPL CHANEY (FUEL)  
LCPL KELLER (FLCL)





Marine Corps Air Station Camp Pendleton Headquarters & Headquarters Squadron

# TOWN HALL

**Thursday, August 2, 2012**

**Air Station Classroom**

**Session 1: Single Marines**

**4:30pm—5:30pm**

**Session 2: Married Marines & Spouses**

**6:00pm—7:00pm**

**\*Children welcome**

**\*Refreshments Served**

Questions? Contact the FRO @ 760-725-0393

Marine Corps Air Station Camp Pendleton  
Headquarters & Headquarters Squadron



# BEACHBLAST

**FREE FOOD!**

**FREE PHOTO BOOTH!**

**FREE LIVE MUSIC & DJ!**

**FREE BEACH MASSAGES!**

**GIVEAWAYS FOR FAMILIES!**

**GIVEAWAYS FOR SINGLE MARINES!**

**BACK TO SCHOOL GIVEAWAYS!**

**FREE FUN FOR EVERYONE!**

**Del Mar Beach Stage & Cantina  
Saturday, August 18th 2012  
11am to 3pm**

Questions? Contact the FRO @ 725-0393



# GOT ZUMBA?



**All you need is comfortable shoes!  
We'll provide the beat to make you move your feet!**

**August 28th 2012**

**6pm—8pm**

**Air Station Classroom**

**Light refreshments will be served**

**RSVP REQUIRED—SPACE IS LIMITED**

**Contact the FRO @ 760-725-0393**

**Sonette.d.avalos1@usmc.mil**

